















**MISSOURI MENTAL HEALTH TRANSFORMATION  
STRATEGIC THEMES**



“Creating Communities of Hope”

**Moving Missouri Toward a Public Health Approach**

<b>MOVE FROM:</b>		<b>MOVE TO:</b>
<p><b>CULTURE OF CRISIS/ RISK OF HARM</b></p>		<p><b>CULTURE OF HOPE/ FIRST...”DO NO HARM”</b></p> 
<p><b>“NO WHERE TO GO”</b></p>		<p><b>EASY, EARLY AND EQUAL ACCESS</b></p> 
<p><b>DISABILITY FOCUS</b></p>		<p><b>WELLNESS FOCUS WITH PREVENTION AND EARLY INTERVENTION</b></p> 
<p><b>BUREAUCRACY/ PROVIDER DRIVEN CARE</b></p>		<p><b>CONSUMER DIRECTION AND EMPOWERMENT</b></p> 
<p><b>“POCKETS” OF EXCELLENCE</b></p>		<p><b>UNIVERSAL BEST PRACTICES</b></p> 
<p><b>FRAGMENTED &amp; CENTRALIZED SYSTEM</b></p>		<p><b>SHARED OWNERSHIP &amp; INVESTMENT (STATE-LOCAL, PUBLIC-PRIVATE)</b></p> 



**MISSOURI COMPREHENSIVE MENTAL HEALTH PLAN GOALS AND OBJECTIVES**

<b>GOAL 1: MISSOURIANS UNDERSTAND THAT MENTAL HEALTH IS ESSENTIAL TO OVERALL HEALTH</b>	<b>OBJECTIVE 1.1:</b>	INCREASE PUBLIC UNDERSTANDING AND REDUCE STIGMA OF MENTAL ILLNESS, SUBSTANCE ADDICTIONS AND DEVELOPMENTAL DISABILITIES.	
	<b>OBJECTIVE 1.2:</b>	DEVELOP AND IMPLEMENT A STATE-WIDE PREVENTION FRAMEWORK THAT ADDRESSES COMMON RISK AND PROTECTIVE FACTORS.	
	<b>OBJECTIVE 1.3:</b>	INTEGRATE PUBLIC, PRIMARY HEALTH AND MENTAL HEALTH CARE PRACTICES.	
<b>GOAL 2: MISSOURI'S MENTAL HEALTH CARE IS CONSUMER AND FAMILY DRIVEN</b>	<b>OBJECTIVE 2.1:</b>	INCREASE CONSUMER DECISION-MAKING AND SELF-DIRECTION OF INDIVIDUALIZED PLANS OF CARE.	
	<b>OBJECTIVE 2.2:</b>	EXPAND AND INTEGRATE PEER AND FAMILY SUPPORT SERVICES INTO THE SYSTEM OF CARE.	
	<b>OBJECTIVE 2.3:</b>	CREATE A CULTURE OF RESPECT, DIGNITY & WELLNESS AS THE MILIEU IN WHICH ALL MENTAL HEALTH SERVICES ARE PROVIDED.	
	<b>OBJECTIVE 2.4:</b>	INCREASE THE NUMBER OF CONSUMERS FULLY PARTICIPATING IN THE DEVELOPMENT, IMPLEMENTATION AND EVALUATION OF THE SYSTEM.	
<b>GOAL 3: MENTAL HEALTH DISPARITIES ARE ELIMINATED IN MISSOURI</b>	<b>OBJECTIVE 3.1:</b>	IMPROVE ACCESS TO QUALITY CARE IN RURAL AND GEOGRAPHICALLY REMOTE AREAS.	
	<b>OBJECTIVE 3.2:</b>	IMPROVE ACCESS TO CULTURALLY COMPETENT CARE	
	<b>OBJECTIVE 3.3:</b>	INCREASE CONSUMER ACCESS TO PROGRESSIVE EMPLOYMENT OPPORTUNITIES IN INTEGRATED COMMUNITY SETTINGS.	
	<b>OBJECTIVE 3.4:</b>	INCREASE CONSUMER ACCESS TO SAFE AND AFFORDABLE HOUSING IN INTEGRATED COMMUNITY SETTINGS.	
<b>GOAL 4: EARLY SCREENING, ASSESSMENT AND REFERRAL TO SERVICES ARE COMMON PRACTICE</b>	<b>OBJECTIVE 4.1:</b>	PROVIDE TIMELY OUTREACH, SCREENING AND REFERRAL TO CARE THAT IS AGE AND CULTURALLY APPROPRIATE.	
	<b>OBJECTIVE 4.2:</b>	PROVIDE MENTAL HEALTH CONSULTATION AND SERVICES IN EARLY CHILDHOOD AND SCHOOL SETTINGS.	
	<b>OBJECTIVE 4.3:</b>	EXPAND COMMUNITY CAPACITY TO REDUCE AVOIDABLE USE OF EMERGENCY ROOMS, HOSPITALS AND OTHER INSTITUTIONAL CARE.	
<b>GOAL 5: EXCELLENT MENTAL HEALTH CARE IS DELIVERED AND RESEARCH IS ACCELERATED</b>	<b>OBJECTIVE 5.1:</b>	DEVELOP THE MENTAL HEALTH WORKFORCE	
	<b>OBJECTIVE 5.2:</b>	EXPAND EVIDENCE-BASED PRACTICES (EBP'S) ACROSS THE STATE.	
	<b>OBJECTIVE 5.3:</b>	APPLY RESEARCH EVIDENCE MORE QUICKLY AND INVEST IN RESEARCH FOR NEW AND PROMISING PRACTICES.	
	<b>OBJECTIVE 5.4:</b>	DEVELOP AND IMPLEMENT A COMPREHENSIVE QUALITY MANAGEMENT SYSTEM.	
<b>GOAL 6: MISSOURI COMMUNITIES ARE PROFICIENT IN MEETING LOCAL MENTAL HEALTH NEEDS.</b>	<b>OBJECTIVE 6.1:</b>	CREATE CONSISTENT & FLEXIBLE POLICY/PRACTICES ACROSS STATE AGENCIES THAT ARE INFORMED BY CONSUMERS & LOCAL NEEDS.	
	<b>OBJECTIVE 6.2:</b>	CREATE AND/OR EXPAND LOCAL PUBLIC-PRIVATE COLLABORATIVES TO IMPROVE SERVICE ACCESS, CAPACITY AND INTEGRATION.	
	<b>OBJECTIVE 6.3:</b>	EXPAND THE ROLE AND CAPACITY OF COMMUNITIES TO IDENTIFY THEIR NEEDS, PROMOTE MENTAL HEALTH & CREATE OPPORTUNITIES FOR CONSUMER INCLUSION.	