



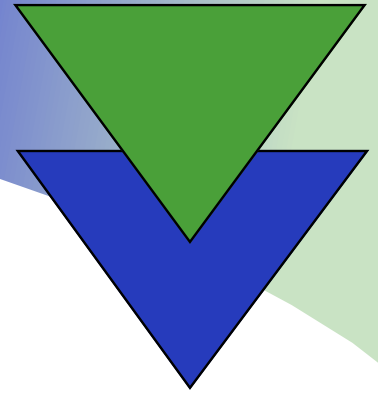
Missouri's Mental Health Transformation Initiative

Creating Communities of Hope

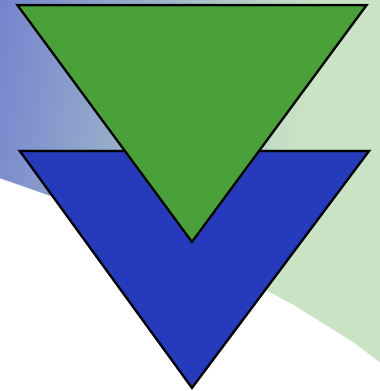
<http://www.dmh.mo.gov/transformation/transformation.htm>

Why are we here?

- Highlight issues in mental health
- Get input on Year One Priorities in communities and through website
- Discuss what this means for you
- Get your reactions and ideas

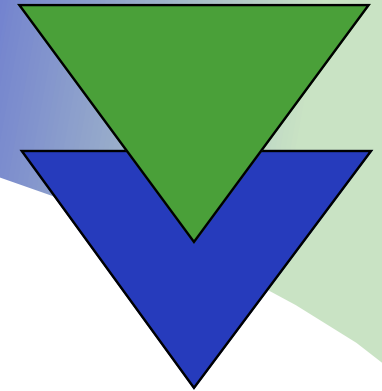


Meeting Format



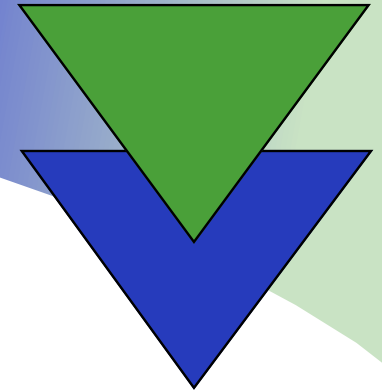
- Overview of Mental Health Transformation Initiative and Recommendations—
approximately 45 minutes
- Question and answer session—
approximately 45 minutes
 - Sign in if you want to ask a question or share a comment
 - 5 minutes allotted per speaker and timer will assist to keep us on schedule

Missouri's Opportunity



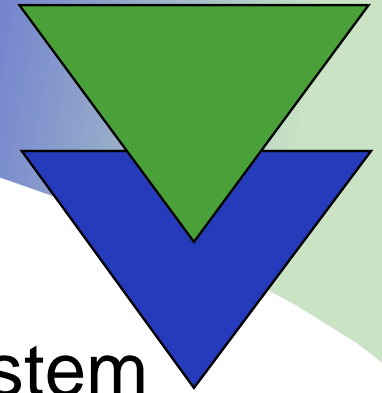
- Missouri 1 of 9 states awarded a Mental Health Transformation Grant by federal government
- Governor Matt Blunt established a 24-member Transformation Working Group by Executive Order
- Comprehensive Plan to be complete by March 2008
- Builds upon work inside DMH and with partner state agencies
- Funds to build infrastructure, develop workforce, and improve technology

Why will this work?



- Governor's Initiative
- Cross-Agency Transformation Working Group
- Federal funding for 5 years
- Support of DMH and other State Executive leadership
- Commitment to consumer/family driven services
- Excellent collaboration across agencies
- Public/private sector buy-in nationally and within Missouri
- Staff to do the work

A National Problem...



The United States mental health care system described as a

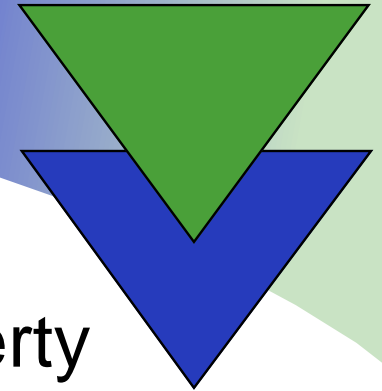
"patchwork relic—the result of disjointed reforms and policies."

"We have an unintended conspiracy to keep people disabled."

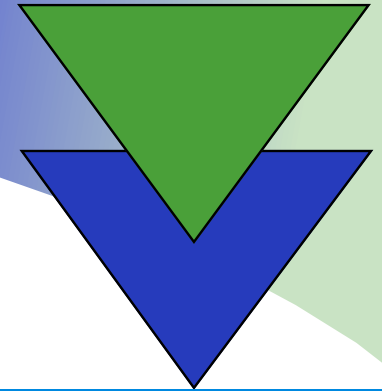
Michael Hogan, Ph.D.

Some of the Issues

- Unemployment, homelessness and poverty
- High mortality rates
- Involvement with legal system
- School failure and out of home placement
- Increasing use of emergency room and institutional care
- Stigma
- Fragmentation and gaps in care



We Must Transform



Transformation



Behavioral health care Americans receive now

Consumer-driven;
Prevention/Recovery
Evidence-based
practices

Behavioral health care we know to be effective



**Institute of Medicine Report:
Crossing the Quality Chasm (2001)**

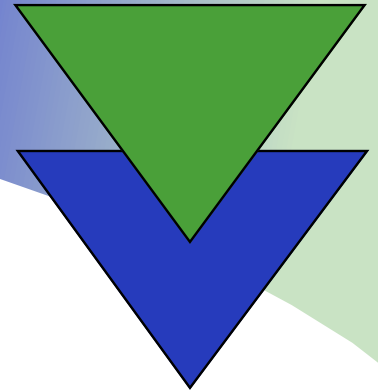
Put aside your doubts...

- It won't be easy but it is worth trying
- The one unchangeable certainty is that nothing is unchangeable or certain.

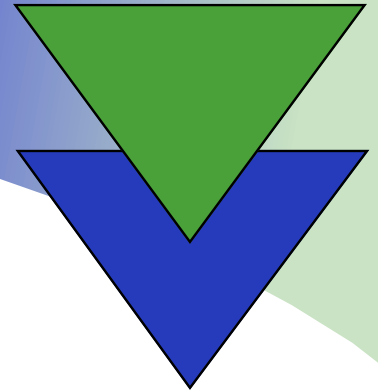
—JFK

- We can't help everyone, but everyone can help someone.

—Ronald Reagan



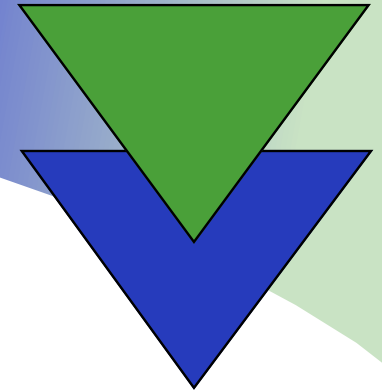
Summing it all up...



The problem is that most people will only focus on doing more of the same thing or just try to do the same thing better. They won't see or find a new and better way to get something done.

Consumer Leader
Technology Workgroup

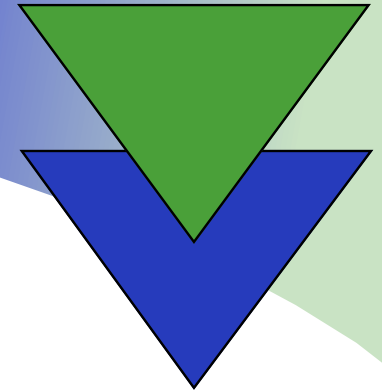
Our Vision



Communities of Hope throughout Missouri support and sustain a system of care where

- promoting mental health and preventing disabilities is common practice, and
- everyone at any stage of life has access to effective treatment and supports-essential for living, working, learning, and participating fully in the community.

In a Community of Hope...

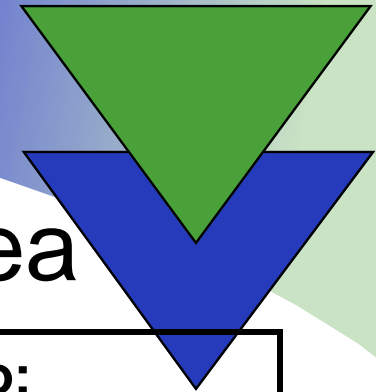


- At my age (62), I would be active and there would be opportunities for me to volunteer.
- People (with mental illnesses) are able to pursue goals and dreams without being treated as if goals and dreams are for others.
- I would have opportunities for an income and housing. I would no longer be homeless.
- Access to mental health care is timely and not a hardship for the patient or the family.






Transformation Goals

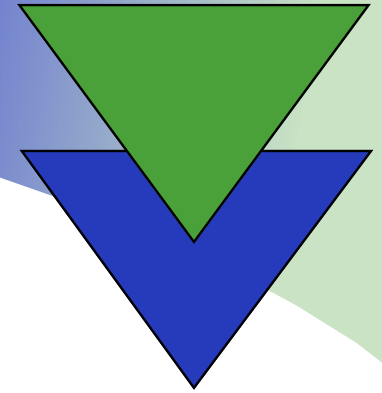


1. Mental health is essential to overall health
2. Consumer and family driven system and services
3. Disparities in mental health services eliminated
4. Easy, early access to mental health services
5. Deliver excellent mental health services and accelerate research
6. Technology to access services and information



Patchwork Relic to TWG Focus Area

From:		To:
Disability Focus		Public Health Approach
Bureaucracy/ Provider Driven Care		Consumer Direction and Empowerment
“Pockets” of Excellence		Universal Best Practices
Fragmented System of Care		Collaboration and Integrated Care
“No Where to Go”		Easy, Early and Equitable Access to Local Care

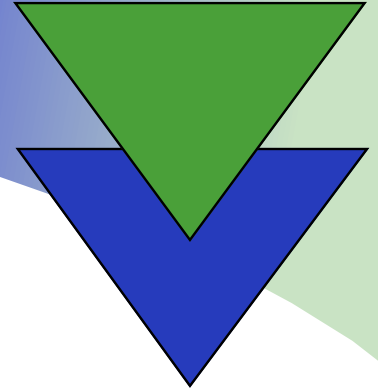


Transformation Working Group

Priority Recommendations:

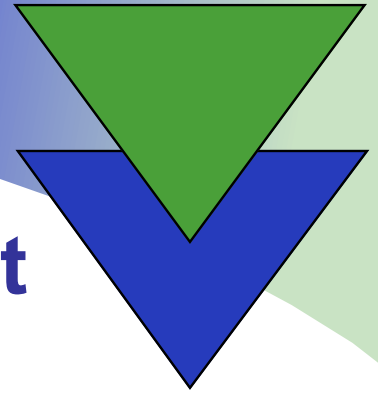
Year One

TWG Priority Recommendations: **Public Health Approach**



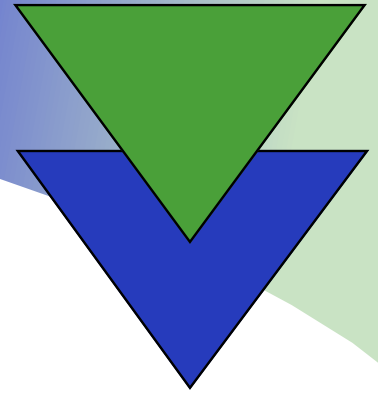
- 1. Public information and education**
- 2. Mental health prevention services**

TWG Priority Recommendations: **Consumer Direction & Empowerment**



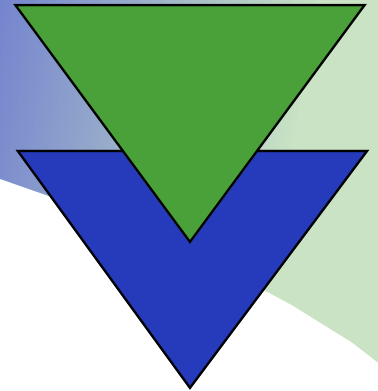
- 3. Consumers and families as decision-makers**
- 4. Peer and family support services**

TWG Priority Recommendations: **Universal Best Practices**



- 5. Offer a menu of services scientifically proven to be effective**
- 6. Offer these services ASAP and sponsor new ones**

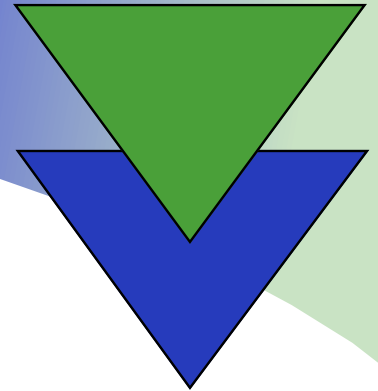
TWG Priority Recommendations: **Collaboration & Integrated Care**



- 7. Be consistent across state departments/agencies**

- 8. Integrated planning and care at local level across the lifespan (no wrong door)**

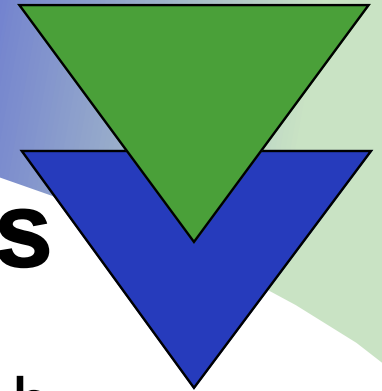
TWG Priority Recommendations:
Easy, Early & Equitable Access



- 9. Provide the right service at the right time & in the right place based on local needs**

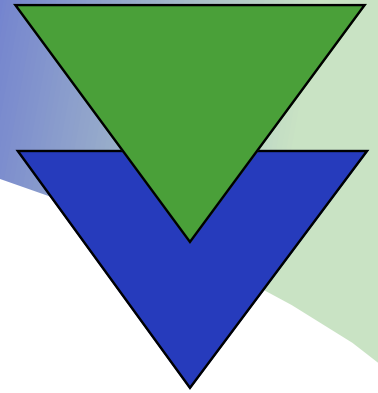
- 10. Expand employment and housing opportunities locally**

Complete Recommendations



- Complete set of Recommendations on web
<http://www.dmh.mo.gov/transformation/transformation.htm>
- Please review complete set
- Feedback
 - Use Question\Comment Link on Website
 - Email: transformation@dmh.mo.gov
 - Mail: Office of Transformation
c/o Department of Mental Health
1706 East Elm
Jefferson City, MO 65101

What's ahead



August—September, 2007: Obtain public input & complete needs assessment.

October—December, 2007: Complete plan & organize implementation teams.

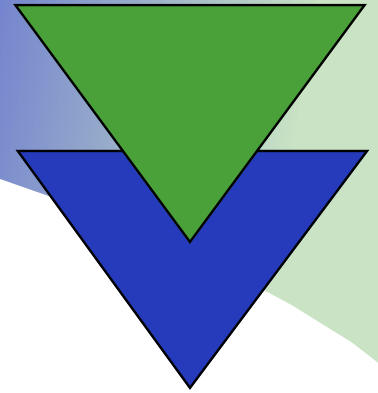
January 2008—ongoing: Begin implementation.

Known Gaps

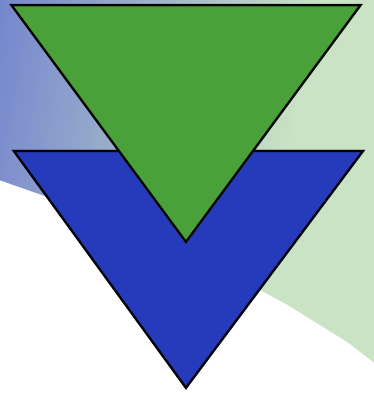
- Cultural diversity

Examples include

- deaf & hearing impaired
 - visually impaired
 - college students and transitional youth
 - elderly
 - ethnic groups
- Southeast and North Central Missouri
 - Specialty health partners
 - Inform us of under represented groups in your area



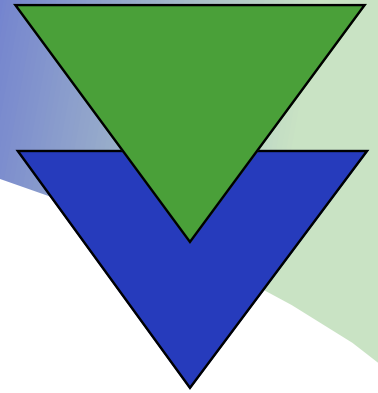
Our pledge to you



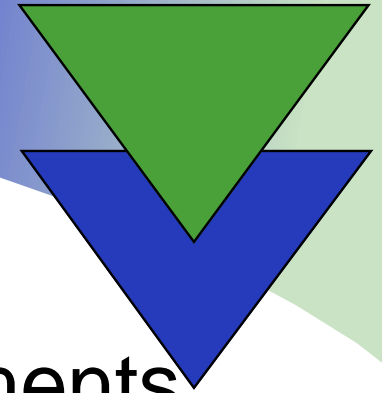
- Commitment to success
- Flexibility and creativity to refine along the way
- This is a living, breathing, comprehensive, inclusive real-time effort
- We welcome your ongoing input

What we ask you

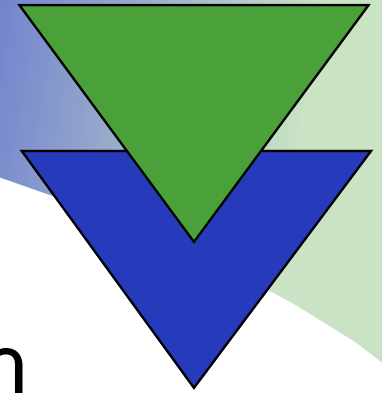
- Commit to making it happen
- Stay involved
- Be educated and informed
- Create Your Community of Hope
- Provide input & feedback
- Help us focus on real solutions!



Questions and Answers



- Persons signed in to provide comments or ask questions will be called first
- Everyone who speaks gets 5 minutes
- Official timekeeper on site
- People with additional questions will be called as time allows
- Remember to submit your comment cards in writing and leave here, mail to us or use the website



Office of Transformation

c/o Department of Mental Health

1706 E. Elm St.

Jefferson City, MO 65101

800.364.9687 (ask for Transformation Office)

or 573.526.3702

transformation@dmh.mo.gov

<http://www.dmh.mo.gov/transformation/transformation.htm>